

IN THE MEDIA



Jobs SW training coordinator Diane Wills is equipping mums with vital First Aid skills to help them re-enter the workforce.

Mums gain fresh workforce skills

YOUNG mums are being equipped to re-enter the workforce, thanks to a new program run by Jobs South West.

All 13 women who have attended the course are from Grace Christian Church's Mothers of Pre-Schoolers Program and say the skills they have learnt each fortnight have been invaluable.

Kick Start Your Career training coordinator Diane Wills said the women brushed up on their communication skills, including their grasp of English, emailing, use of telephones and faxes.

The course helped the women write their own resumes, learn about occupational health and safety, and gain access to career development services.

"We have been working in conjunction with Grace Christian Church to get these women ready for the workforce," Ms Wills said.

"It is a very flexible delivery — a lot of the women do the course online and the First Aid course runs for two full days."

Former South African resident Welma van der Walt moved to Australia earlier this year and has decided to stay at home with her four-month-old child.

But she said the course helped her gain new skills and understand systems in Australia better, and the First Aid course was invaluable because it gave her the confidence to treat her son at home in the case of an emergency.

Clara Pretorius, mum of nine-month-old daughter Annika, said the course had helped her make the transition from being a scientist in South Africa to the possibility of self-employment.

Ms Wills said she hoped Jobs SW could offer the course again in the future.

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